



SUPPORTING THE COMMUNITY THROUGH
ADVICE, SUPPORT & SERVICES

Job Description

Health Improvement Tutor - Adults

Salary:	£25 per hour
Reports to:	Coordinator Health Improvement - Adults
Work base:	The Healthy Living Centre CIC, Walton Court, Aylesbury though travel throughout the county is required with expectation of working flexibly
Key Contacts:	Public/Service Users Partner Organisations Community Groups Colleagues Volunteers

Job Summary

The Healthy Living Centre Community Interest Company is a well-established, vibrant, developing social enterprise based in Aylesbury. It provides a variety of health and wellbeing services and provisions to areas of high deprivation in Buckinghamshire.

The Community Development Tutors will seek to actively engage in communities to co-ordinate the development, implementation, and evaluation and target project initiatives across all ages. The post holders will have a clear, focused and structured understanding of the issues which affect the lives of individuals, setting goals for improvement and responding to problems and needs through empowerment and active participation. With a particular focus to health and wellbeing this job requires individuals to develop a strong and consistent understanding of local and national agendas of health initiatives implementing these into communities via Skilled for Health and English courses in areas of the community where health inequalities are most prevalent. S/he will encourage access to services and develop further programmes to alleviate the barriers for access to health services.

The ideal candidates will have teaching experience and the skills to effectively tutor and co-ordinate projects producing regular evidence, reports and data relating to specific geographical areas. S/he will also identify community skills, assets, issues and needs by building successful relationships with external agencies and community groups.

Main responsibilities

- To teach and deliver Health and Wellbeing courses in areas with specific needs in Bucks.
- To develop a programme of Health and Wellbeing courses to begin with and then devising an appropriate six weeks follow-on course of Health and Wellbeing dependent on the group of learners and their abilities.
- Plan and deliver a Health and Wellbeing course.
- Prepare and adapt teaching materials from the two Health and Wellbeing teacher reference packs, CDs and own resources if appropriate.
- Identify and assess the abilities of the learners and, if needed, adapt the delivery and teaching materials to suit.
- Evaluate the effectiveness of the course through carrying out learner self-evaluations, tutor assessments and monitoring forms at the end of each six week course.
- Attend and participate in all meetings required.
- Ensure that all required paperwork is completed and that it is kept on file.
- Promote and encourage attendance of the course with the learners.
- Maintain contact with the Community Development Co-ordinator (Health) and inform them immediately if any changes, issues or other significant problems with the course, the learners or yourself.